



Skill FF1-02: Don SCBA: Over-The-Head Method

Candidate #: _____

INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and using their personal SCBA, demonstrate proper Over-The-Head Method donning and activation of an SCBA within 1 minute 30 seconds.

Skill FF1-02 - NFPA 4.3.1 – Chapter 5, Essentials IFSTA 7 th Edition	1 st	2 nd
1. Ensure the cylinder is at least 90% capacity.		
2. Position the SCBA (valve away from body). Ensure all harness straps are fully extended.		
3. Open cylinder valve fully. Listen for the activation of the integrated PASS Alarm if equipped. Listen for the activation of the low air alarm.		
4. Check cylinder and regulator pressure gauges.		
5. Grab the back frame so that the shoulder straps will be outside of the arms. Using proper lifting technique, raise the SCBA overhead while guiding elbows into the loops formed by shoulder straps.		
6. Release the harness assembly and allow the SCBA to slide down the back.		
7. Buckle waist strap and adjust shoulder straps.		
8. Don facepiece over the head and securely tighten the straps.		
9. Test the facepiece for a proper seal and operation of the exhalation valve. NOTE: Not all facepieces are designed for a seal check without the regulator being attached and activated.		
10. Don hood.		
11. Don helmet.		
12. Connect/activate air supply.		
13. Activate external PASS device (if not equipped with integrated device).		
14. Don gloves. TIME: _____		
YELLOW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of skill.		
	Points needed: 10/14	
	Performed Safely	Y/N Y/N

Evaluator comments:

_____ (cont. on back page)

Test Date: _____

Pass: _____ Fail: _____

Location: _____

Retest Pass: _____ Fail: _____

Evaluator: _____
Print Name

Signature

Retest Evaluator 1: _____
Print Name

Signature

Retest Evaluator 2: _____
Print Name

Signature



Skill FF1-03: Don SCBA: Coat Method

Candidate #: _____

INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and using their personal SCBA, demonstrate proper Coat Method donning and activation of an SCBA within 1 minute 30 seconds.

Skill FF1-03 - NFPA 4.3.1 – Chapter 5, Essentials IFSTA 7 th Edition	1 st	2 nd
1. Ensure the cylinder is at least 90% capacity.		
2. Position the SCBA (valve toward the body). Ensure all harness straps are fully extended.		
3. Open cylinder valve fully. Listen for the activation of the integrated PASS Alarm if equipped. Listen for the activation of the low air alarm.		
4. Check cylinder and regulator pressure gauges.		
5. Grasp the shoulder straps on the SCBA and raise the SCBA.		
6. Guide elbows through the loops one arm at a time and swing SCBA around shoulders, allowing SCBA to come to rest in the proper position.		
7. Buckle waist strap and adjust shoulder straps.		
8. Don facepiece over the head and securely tighten the straps.		
9. Test the facepiece for a proper seal and operation of the exhalation valve. NOTE: Not all facepieces are designed for a seal check without the regulator being attached and activated.		
10. Don hood.		
11. Don helmet.		
12. Connect/activate air supply.		
13. Activate external PASS device (if not equipped with integrated device).		
14. Don gloves. TIME: _____		
YELLOW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of skill.		
	Points needed: 10/14	
	Performed Safely	Y/N Y/N

Evaluator comments:

_____ (cont. on back page)

Test Date: _____ Pass: _____ Fail: _____

Location: _____ Retest Pass: _____ Fail: _____

Evaluator: _____
Print Name Signature

Retest Evaluator 1: _____
Print Name Signature

Retest Evaluator 2: _____
Print Name Signature



Skill FF1-04: Don SCBA: Seated Method

Candidate #: _____

INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and using a seat mounted SCBA, don the SCBA while seated, dismount the apparatus, and activate an SCBA within 5 minutes.

Skill FF1-04 - NFPA 4.3.1, 4.3.2 – Chapter 5, IFSTA Essentials 7 th Edition	1 st	2 nd
1. Position body in seat with back firmly against the SCBA.		
2. Insert arms through shoulder straps.		
3. Buckle waist strap and adjust shoulder straps.		
4. Fasten seat belt before apparatus gets underway.		
5. Safely dismounts the apparatus. <i>Note: Be sure to use three points of contact always.</i>		
6. Fully open cylinder valve. Check gauge for proper reading.		
7. Don facepiece over the head and securely tighten the straps.		
8. Test the facepiece for a proper seal and operation of the exhalation valve. <i>NOTE: Not all facepieces are designed for a seal check without the regulator being attached and activated.</i>		
9. Don hood.		
10. Don helmet.		
11. Connect/activate air supply.		
12. Activate external PASS device (<i>if not equipped with integrated device</i>).		
13. Don gloves. TIME: _____		
YELLOW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of skill.		

Points needed: 10/13		
Performed Safely	Y/N	Y/N

Evaluator comments:

(cont. on back page)

Test Date: _____

Pass: _____ Fail: _____

Location: _____

Retest Pass: _____ Fail: _____

Evaluator: _____
 Print Name

 Signature

Retest Evaluator 1: _____
 Print Name

 Signature

Retest Evaluator 2: _____
 Print Name

 Signature



Skill FF1-05: Doff SCBA and PPE

Candidate #: _____

INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and SCBA, doff personal protective equipment, including SCBA, and prepare it for reuse.

Skill FF1-05 - NFPA 4.1.2, 4.3.3 – Chapter 5, IFSTA Essentials 7 th Edition	1 st	2 nd
DOFF SCBA		
1. Loosen straps and remove SCBA.		
2. Close cylinder valve completely.		
3. Bleed air from high- and low-pressure hoses. Listen for low air alarm activation.		
4. Reset PASS device according to manufacturer specifications.		
5. Check air cylinder pressure and replace or refill cylinder.		
6. Return all straps, valves, and components back to ready state.		
7. Inspect SCBA and facepiece for damage and need for cleaning.		
8. Clean equipment as needed. Remove damaged equipment from service and report damage to company officer.		
9. Place SCBA back in storage area so that it is ready for immediate use.		
DOFF PPE		
10. Remove PPE, inspect PPE for damage.		
11. Clean and dry equipment as needed.		
12. Remove damaged equipment from service and report damage to company officer.		
13. Place PPE in ready state.		
YELLOW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of skill.		
	Points needed: 10/13	
	Performed Safely	Y/N Y/N

Evaluator comments:

(cont. on back page)

Test Date: _____

Pass: _____ Fail: _____

Location: _____

Retest Pass: _____ Fail: _____

Evaluator: _____
Print Name

Signature

Retest Evaluator 1: _____
Print Name

Signature

Retest Evaluator 2: _____
Print Name

Signature



Skill FF1-06: Replace an SCBA cylinder

Candidate #: _____

INSTRUCTIONS TO THE CANDIDATE

Wearing gloves, using their own SCBA, and an additional cylinder, demonstrate proper changing the cylinder on the SCBA for re-entry into an IDLH atmosphere.

Skill FF1-06 - NFPA 4.3.1 – Chapter 5, IFSTA Essentials 7 th Edition	1 st	2 nd
1. Position the cylinder for easy access either on the ground (one firefighter) or by kneeling or bending over (two firefighters).		
2. Fully close the cylinder valve.		
3. Release the air pressure from high- and low-pressure hoses.		
4. Disconnect the high pressure coupling from the cylinder.		
5. Remove the empty cylinder from harness assembly.		
6. Inspect the empty cylinder's valve opening, high pressure hose fitting, and the O-ring for debris.		
7. Place the full cylinder into the assembly. <i>NOTE: If a second firefighter assists, the second firefighter shows/reports the pressure to the wearer.</i>		
8. Inspect the full cylinder's valve opening and high-pressure hose fitting for debris.		
9. Securely connect the high-pressure hose to the cylinder.		
10. Slowly and fully open the cylinder valve and listen for an audible alarm and leaks as the system pressurizes.		
11. Connect regulator and take normal breaths.		
12. Check cylinder and remote pressure gauges.		
YELLOW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of skill.		
Points needed: 9/12		
Performed Safely	Y/N	Y/N

Evaluator comments:

(cont. on back page)

Test Date: _____

Pass: _____ Fail: _____

Location: _____

Retest Pass: _____ Fail: _____

Evaluator: _____

Print Name

Signature

Retest Evaluator 1: _____

Print Name

Signature

Retest Evaluator 2: _____

Print Name

Signature