



Candidate #: _____

Skill FF1-01: Don and Doff PPE

	INSTRUCTIONS TO	THE CANDIDATE		
Demonstrate prope	r donning of PPE within 90	seconds. Doff PPE and place	e in ready st	ate.
Skill FF1-01 - NFPA 4.1.2, 4.	3.1 – Chapter 5, IFSTA Essentia	als 7 th Edition	1 st	2 nd
1. Don pants, suspend	ers, and boots.			
2. Don hood.				
3. Don coat with closu	re secure and collar up.			
4. Don helmet with eye	e protection on and chin strap	in place and fastened.		
5. Don structural glove	<u>!</u> S.			
6. Don PPE within 1 mi	nute 30 seconds.	TIME:		
7. Remove PPE.				
8. Inspect PPE for dam	age.			
9. Clean and dry equipr	ment as needed.			
10. Remove damaged e	quipment from service and re	port damage to company officer.		
11. Place PPE in a ready	state.			
YELLOW BOLD indicate	<mark>a CRITICAL step and any ι</mark>	<mark>insafe act constitutes a failu</mark>	re of skill.	
		Points needed:	8/11	
		Performed Safely	Y/N	Y/N
Evaluator comments:				
			(cont. on bacl	k page)
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netest Evaluator 1.	Print Name	Signature		-
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Skill FF1-02: Don SCBA: Over-The-Head Method

Candidate #:

INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and using their personal SCBA, demonstrate proper Over-The-Head Method donning and activation of an SCBA within 1 minute 30 seconds.

	Wethou domining and activation of all SCBA with	iii 1 iiiiiute 50 seconus).	
Skill F	F1-02 - NFPA 4.3.1 – Chapter 5, Essentials IFSTA 7 th Edition		1 st	2 nd
1.	Ensure the cylinder is at least 90% capacity.			
2.	Position the SCBA (valve away from body). Ensure all harness s	traps are fully extended.		
3.		grated PASS Alarm if		
	equipped. Listen for the activation of the low air alarm.			
4.	Check cylinder and regulator pressure gauges.			
5.		•		
	proper lifting technique, raise the SCBA overhead while guiding	elbows into the loops		
	formed by shoulder straps.	. The decad		
6.	,	1 the back.		
7.				
8.	Don facepiece over the head and securely tighten the straps.			
9.	Test the facepiece for a proper seal and operation of the exha			
	NOTE: Not all facepieces are designed for a seal check without	the regulator being		
10	attached and activated. Don hood.			
	. Don helmet.			
	Connect/activate air supply.	de test		
	. Activate external PASS device (if not equipped with integrated of	·		
	. Don gloves.	TIME:		
YELL	OW BOLD indicate a CRITICAL step and any unsafe act		<mark>skill.</mark>	T
		Points needed: 10/14		
		Performed Safely	Y/N	Y/N
Eval	uator comments:			•
		(cont.	on back p	page)
Test	Date:	Pass: Fail:		
Loca	tion: Re	etest Pass: Fail:		
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Kete	st Evaluator 1: Print Name	Signature		
Poto	st Evaluator 2:	2-0-10-0		
Nete	Print Name	Signature		





Skill FF1-03: Don SCBA: Coat Method

	Candidate #:
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INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and using their personal SCBA, demonstrate proper Coat Method donning and activation of an SCBA within 1 minute 30 seconds.

	and activation of an SCBA within 1 minu	ute 30 seconas	•		
Skill FI	F1-03 - NFPA 4.3.1 – Chapter 5, Essentials IFSTA 7 th Edition			1 st	2 nd
1.	Ensure the cylinder is at least 90% capacity.				
2.	Position the SCBA (valve toward the body). Ensure all harness s	traps are fully ext	ended.		
3.	Open cylinder valve fully. Listen for the activation of the integ	rated PASS Alarn	n if		
	equipped. Listen for the activation of the low air alarm.				
	Check cylinder and regulator pressure gauges.				
5.	Grasp the shoulder straps on the SCBA and raise the SCBA.				
6.	Guide elbows through the loops one arm at a time and swing SC	CBA around should	ders,		
	allowing SCBA to come to rest in the proper position.				
	Buckle waist strap and adjust shoulder straps.				
8.	- contract process and make a contract and a contra				
9.	Test the facepiece for a proper seal and operation of the exhal				
	NOTE: Not all facepieces are designed for a seal check without	the regulator beir	ng		
40	attached and activated. Don hood.				
	. Don helmet.				
	. Connect/activate air supply.				
	. Activate external PASS device (if not equipped with integrated d	<u> </u>			
	. Don gloves.	TIME:			
YELLO	OW BOLD indicate a CRITICAL step and any unsafe act of		ilure of s	kill.	
		Points needed:	10/14		
		Performed Safe	ly	Y/N	Y/N
Evalu	uator comments:				.1
			(cont. c	on back p	page)
Test	Date:	Pass:	Fail: _		
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Evalı	uator:				
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Rete	st Evaluator 1:				
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Skill FF1-04: Don SCBA: Seated Method

Candidate #:

INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and using a seat mounted SCBA, don the SCBA while seated, dismount the apparatus, and activate an SCBA within 5 minutes.

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SKIII F	F1-04 - NFPA 4.3.1, 4.3.2 – Chapter 5, IFSTA Essentials 7 th Edition				1 st	2 nd
1.	Position body in seat with back firmly against the SCBA.					
2.	Insert arms through shoulder straps.					
3.	Buckle waist strap and adjust shoulder straps.					
4.	Fasten seat belt before apparatus gets underway.					
5.	Safely dismounts the apparatus.					
	Note: Be sure to use three points of contact always.					
6.	Fully open cylinder valve. Check gauge for proper reading.					
7.	Don facepiece over the head and securely tighten the straps.					
	Test the facepiece for a proper seal and operation of the exhala NOTE: Not all facepieces are designed for a seal check without the attached and activated. Don hood.			5		
	. Don helmet.					
	. Connect/activate air supply.					
	. Activate external PASS device (if not equipped with integrated de	evice)				
	. Don gloves.	<u> </u>				
12		1 11V/1 F ·				
		TIME: _			ckill	
	OW BOLD indicate a CRITICAL step and any unsafe act co	onstitutes	a fail	ure of	skill.	
		onstitutes Points nee	a fail	ure of 1		V/N
YELLO	OW BOLD indicate a CRITICAL step and any unsafe act co	onstitutes	a fail	ure of 1	skill. Y/N	Y/N
YELLO		onstitutes Points nee	a fail	ure of 10/13	Y/N	
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Skill FF1-05: Doff SCBA and PPE

Candidate #:

INSTRUCTIONS TO THE CANDIDATE

While wearing PPE and SCBA, doff personal protective equipment, including SCBA, and prepare it for reuse.

	prepare it it	n reuse.			
Skill FF1-05 - NFPA 4.1.2,	4.3.3 – Chapter 5, IFSTA Essential	s 7 th Edition		1 st	2 nd
	DOFF SCBA				
1. Loosen straps and	remove SCBA.				
2. Close cylinder valv	ve completely.				
3. Bleed air from hig	h- and low-pressure hoses. Lister	n for low air alarm ac	tivation.		
4. Reset PASS device	according to manufacturer speci	fications.			
5. Check air cylinder	pressure and replace or refill cyli	nder.			
6. Return all straps,	valves, and components back to r	eady state.			
7. Inspect SCBA and	facepiece for damage and need for	or cleaning.			
• •	as needed. Remove damaged eq	uipment from service	and report		
damage to compa	n storage area so that it is ready fo	ur immediate use			
3. Trace SebA back ii	DOFF PPE	i iiiiiicalate ase.			
10. Remove PPE, insp					
11. Clean and dry equ					
	l equipment from service and rep	ort damage to compa	ny officer.		
13. Place PPE in ready	<u> </u>	ort damage to compe	any officers		
·	te a CRITICAL step and any ur	nsafe act constitut	es a failure o	fskill	<u> </u>
TELEGIT DOLD III alea	e a chiricale step and any a		needed: 10/13		
			ned Safely	Y/N	Y/N
Evaluator comments:		7 6 7 6 7	100 001014	1 -7	1,11
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Retest Evaluator 1:					
_	Print Name		Signature		
Retest Evaluator 2:					
	Print Name		Signature		

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Skill FF1-06: Replace an SCBA cylinder

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Candidate #:	

INSTRUCTIONS TO THE CANDIDATE

Wearing gloves, using their own SCBA, and an additional cylinder, demonstrate proper changing the cylinder on the SCBA for re-entry into an IDLH atmosphere.

Skill F	F1-06 - NFPA 4.3.1 – Chapter 5, IFSTA Essentials 7 th Edition	1 st	2 nd
1.	Position the cylinder for easy access either on the ground (one firefighter) or by kneeling		
	or bending over (two firefighters).		
2.	Fully close the cylinder valve.		
3.	Release the air pressure from high- and low-pressure hoses.		
4.	Disconnect the high pressure coupling from the cylinder.		
5.	Remove the empty cylinder from harness assembly.		
6.	Inspect the empty cylinder's valve opening, high pressure hose fitting, and the O-ring for debris.		
7	Place the full cylinder into the assembly.		
/.	NOTE: If a second firefighter assists, the second firefighter shows/reports the pressure		
	to the wearer.		
8.	Inspect the full cylinder's valve opening and high-pressure hose fitting for debris.		
9.	Securely connect the high-pressure hose to the cylinder.		
10). Slowly and fully open the cylinder valve and listen for an audible alarm and leaks as		
	the system pressurizes.		
11	. Connect regulator and take normal breaths.		
	2. Check cylinder and remote pressure gauges.		
12	2. Check cylinder and remote pressure gauges. OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of	skill.	
12	, , , , , , , , , , , , , , , , , , , ,	skill.	
12	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of	skill.	Y/N
YELLO	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of Points needed: 9/12		Y/N
YELLO	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of a Points needed: 9/12 Performed Safely		Y/N
YELLO	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of a Points needed: 9/12 Performed Safely		Y/N
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YELLO	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of separate points needed: 9/12 Performed Safely uator comments: (cont.		
Eval	Points needed: 9/12 Performed Safely uator comments: (cont. Pass: Fail:	Y/N	
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Eval Test	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of Points needed: 9/12 Performed Safely uator comments:	Y/N	
Eval Test	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of a Points needed: 9/12 Performed Safely uator comments: (cont. Pass: Fail: ation: Retest Pass: Fail: uator:	Y/N	
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Eval Test Loca	OW BOLD indicate a CRITICAL step and any unsafe act constitutes a failure of Points needed: 9/12 Performed Safely uator comments:	Y/N	

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